



To share

House mixed olives & pickles £4

Homemade focaccia & granary bread, extra virgin rapeseed oil & balsamic £4

Whole baked rosemary & garlic infused camembert, bread £12

Sharing board: Charcuterie, smoked salmon, salmon pate, mixed olives, cornichons and griddled bread £12/£20

Starters

Seasonal soup with bread £6

Chicken liver parfait, red onion marmalade & toasted sourdough £7.50

Twice baked cheese soufflé & red onion marmalade £8

Pan seared scallops, caramelised cauliflower purée & black pudding crumb £10

Moules marinières & bread £7

Roast butternut squash pumpkin seed, pine nut & aged balsamic salad £5/£9

Add King prawns £7, Chicken £7, Smoked Salmon £6, Avocado £3, Halloumi £5

Small plates £5 each or 3 for £12

Fishcake & chilli mayonnaise

Breaded Whitebait, tartare sauce

Scotch egg of the moment

Prawns with garlic & coriander butter

Crispy chicken wings

Salmon mousse, pickled cucumber, toast

Classics

The Running Horse hamburger, BBQ sauce, fries £12.50 **Add Fried onions £1, Cheddar £1, Bacon £2, Extra patty £8**

Mushroom and goat's cheese burger, fried onions, red onion chutney, skin on fries £12.50

6oz Cumberland ring, bubble & squeak, gravy £12.50

Upham ale battered fish, triple cooked chips, mushy peas and tartare sauce £13.50

Pie of the day with mash & tender stem broccoli £14

Moules marinières, bread & fries £14

Mains

Vegetable kedgerree, basmati rice, curry velouté, soft boiled egg & coriander £11

Add King prawns £7, Chicken £7, Smoked Salmon £6

Pan fried fillet of seabream,, clam, tomato & caper spaghetti £16

Chicken supreme, dauphinoise potato, wild mushrooms & green beans £16

Roast haunch of venison, butternut fondant, braised red cabbage, turnip & jus £21

Carved Hanger steak, Isle of Wight tomato, fries, rocket & parmesan salad £17

Sides

Hand cut chips, Parmesan fries, Plain fries, Mixed salad, tender stem broccoli, chive buttered green beans, Mash potato - £3.50 each

*If you suffer from a food allergy or intolerance, please speak to a member of our team
(A discretionary 10% service charge is added to tables of 8 or more)*